How much food do we waste?*

Plan your meal
Shop your kitchen first

SHOP AND COOK SMART

Know your dates

SELL BY
BEST BY
USE BY
for stores still edible
for best flavor still edible
for peak quality still edible

DONATE

The “Good Samaritan Act” protects you from liability. Contact these local charities for food donation information:

- **St. Peter’s Episcopal Church**, 334 14th St., Del Mar, CA 92014 – (858) 755-1616
- **Community Resource Center**, 650 2nd St., Encinitas, CA 92024 – (760) 753-8300
- **St. Andrew’s Episcopal Church**, 890 Balour Dr., Encinitas, CA 92024 – (760) 753-3017
- **San Diego Food Bank**, 9850 Distribution Ave., San Diego, CA 92121 – (858) 527-1419
- **North County Food Bank**, 680 Rancheros Dr., Ste. 100, San Marcos, CA 92069 – (858) 527-1419

More information:
delmar.ca.us/680/Go-Green-Del-Mar

*Numbers on this chart represent estimated 2010 U.S. consumer food losses in and away from home. “Food loss” refers to edible food that is not consumed for various reasons including inadequate storage, overbuying, not eating before food spoils, confusion over “use-by” and “best-by” dates, unsent leftovers, plate waste, cooking loss, natural shrinkage (e.g., moisture loss), mold and other causes.

Source: USDA report, Feb 2014